

# R500 RECUMBENT BIKE

The R500 is a great combination of over-engineering and functional design. This recumbent bike is perfect for commercial applications with its oversized tubes, 350W self powered generator and step-thru design. As it has no need for external power, there are no worries about placement of this bike. The R500 is the perfect solution for those seeking durability, ease of use and a modern design.



## features

### Programs

Designed to offer the perfect workout for your fitness goals with 20 resistance levels including; Manual, Interval, Cardio, Anaerobic, Heart Rate and User programs.

### Heart Rate

Contact and Polar Wireless Telemetric Heart Rate (telemetric requires optional chest strap) for feedback and program interaction.

### Console

An intuitive program protocol gives you step-by-step directions. The console has a built in reading rack and features amber LED's for "easy on the eyes" viewing.

### Recumbent Seat

High Density foam pads provide extra user comfort and durability.

### Storage

Console storage provides a perfect place to store your phone, keys or MP3 players. Water bottle storage is conveniently accessible during workouts.

### Step-Thru Frame

Provides safe entry and easy seat adjustability for users of all sizes in seconds.

### Thumb Controls

Allows for easy mid-workout modifications for maximum benefits.

### Self-Generating

Smooth and quiet 350 watt system allows for flexible placement without concern for power cord plug-ins.

### Pedals

Self Leveling Pedals allow for easy foot entry and the distance between the pedals (Q-Factor) is optimized for performance.

### Technical Specifications

Maximum User Weight - 350 lbs.  
Assembled Dimensions - 65"L x 26"W x 54"H  
Assembled Product Weight - 175 lbs.  
Certifications; CE, ETL, EN957 Approved

### Commercial Warranty

(Non-Dues Paying Facilities)

10 years on frame;  
5 years on generator and parts;  
1 year on wear items and labor.

\*Please refer to [www.watersfitness.com](http://www.watersfitness.com) or the Owner's Manual for complete warranty details.

# Waters

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